



Weetabix Food Co.

Consumer Services

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Folic Acid

Folic acid is important for normal cell development and healthy blood, particularly during pregnancy.

Good sources of folate include fortified breakfast cereals, leafy green vegetables and orange juice.

We add folic acid to the following Weetabix Food Co. products.

Breakfast Cereals, Drinks & Biscuits

Oatibix Flakes - Golden Oat Flakes

Oatibix Flakes - Mixed Raisin & Sultana

Ready brek Chocolate

Ready brek Gingerbread

Ready brek Original

Weetabix

Weetabix Banana Flavour

Weetabix with Chocolate

Weetabix Golden Syrup

Weetabix Crispy Minis - Banana

Weetabix Crispy Minis - Chocolate Chip

Weetabix Crispy Minis - Fruit & Nut

Weetabix Crispy Minis - Honey

Weetabix Crispy Minis

Weetabix Crunchy Bran

Weetabix Bran Flakes

Weetabix Fruit & Fibre

Weetabix Weetaflakes

Weetos & Weetos Meteors & Weetos Waffles

Weetabix On the Go Breakfast Drink – Banana

Weetabix On the Go Breakfast Drink – Chocolate

Weetabix On the Go Breakfast Drink – Strawberry

Weetabix On the Go Breakfast Drink – Vanilla

Weetabix On The Go Breakfast Biscuits – Milk & Cereals

Weetabix On The Go Breakfast Biscuits – Apple with Cinnamon

Weetabix On The Go Breakfast Biscuits – Fruit & Fibre